



Wheel of the Sangha

Volume 28 Issue 3 March 2010

A monthly publication by **Seattle Buddhist Church**

*May peace and tranquility prevail
throughout the world*

Seattle Buddhist Church

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Wheel of the Sangha

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**This is a cover page.
Please scroll down
to view the rest
of the newsletter.**

Peace and Tranquility



SHINRAN SHONIN
750th MEMORIAL

A BCA OBSERVANCE

Seattle Betsuin Vision

*Embrace true and
real life
in Nembutsu*

Seattle Betsuin Mission

*Promote, protect, and
share the Buddha,
Dharma and Sangha*

March 2010 Special Services/Events

March 14 SPRING OHIGAN SERVICE 10:00 am

March 16 Shinran Shonin Monthly Service 10:00 am Tues.

March 21 SPRING BAZAAR 11:00 – 3:00 pm

March 28 CAMP FIRE SERVICE 10:00 am

<p>1 Temple Contact Information</p> <p>2 Calendar of Events, Newsletter Deadline: March 15, 2010 8:00 pm Print: March 19, 2010</p> <p>3 Rimban's Message</p>	<p>4 Dharma School, Membership, Jr YBA,</p> <p>5 Rev. Castro, President Mori Rimban's Retirement Luncheon</p> <p>6 Camp Fire, ABA's Dinner Invite, New Year's Donations, Go Paperless, Rev Kubose on YouTube</p>	<p>7, 8 SBC Donations,</p> <p>8 New Policy for Donation Receipts</p> <p>9 Spring Bazaar, NW Dharma Association, Save Our Planet</p>	<p>10 Obon Logo Contest, Dharma School's <i>Hidden Treasures</i> Garage Sale</p> <p>11 SBBWA & Invitation, Look Who's Blogging, Scout News</p> <p>12 Onenju Available Scholarships, 63rd NW Convention Pics</p>
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Betsuin Events for March 2010

EVERY SUNDAY All are invited:

- 8:45 am MEDITATION SERVICE, with Rev. Castro, held at 1441 S. Main St; includes Sutra Chanting, 20-minute meditation and discussion.
- 10:00 am SERVICE - in Hondo (main sanctuary) includes Sutra Chanting, singing, and Dharma Talk
- 11:00 am DHARMA EXCHANGE - questions and discussion with minister and ministers assistants; takes place in Dining Room downstairs

EVERY WEDNESDAY 10:30 am DHARMA SUPPORT GROUP with meditation at 1441 S Main St for All.

SUNDAYS EVENTS in addition to above

March 7

- 10:00 am FAMILY SERVICE
Children: Joe Schwab
Adult: Rev. Warrick
Japanese: Rimban Matsubayashi
DX: Rev. Warrick
- 11:45 am SBBWA Board Meeting (Rimban Matsubayashi) Rev. Castro in Yakima for Sukiyaki Benefit

March 14

- 8:45 am Meditation Service (Rev. Castro)
- 10:00 am SPRING OHIGAN SERVICE
Children: Rev. Warrick
Adult: Rev. Castro
Japanese: Rimban Matsubayashi
DX: Rev. Castro
- 12:00 pm Religious Department Meeting (Rimban Matsubayashi & Rev. Castro)

March 21 FAMILY SERVICE

- 10:00 am Children: Joe Schwab
Adult: Rev. Castro
No Dharma Exchange or Japanese Service
- 11:00 am – 3:00 pm BETSUIN BAZAAR

March 28 CAMP FIRE SUNDAY SERVICE

- 10:00 am Children: Camp Fire
Adult: Camp Fire
Japanese: Rimban Matsubayashi
DX: Rev. Castro
- 11:45am SBBWA Cabinet Meeting (Rimban Matsubayashi)

MONDAYS March 1, 8, 15, 22, 29 Rimban Matsubayashi Days off

TUESDAYS March 9, 16, 23 Rev. Castro (Days off)

March 16

- 10:00 am Shinran Shonin Monthly Memorial Service (Rimban Matsubayashi)

March 23

- 10:30 am Keiro Service (Rimban Matsubayashi)

March 30

- Rev. Castro to Berkeley

April Newsletter Deadline:
Monday, March 15, 2010 8:00 pm
Print: March 19, 2010

WEDNESDAYS

March 3

- 2:00 pm Minister's Meeting (Rimban Matsubayashi & Rev. Castro)
- 7:30 pm Dharma School Board Meeting (Rimban Matsubayashi & Rev.

Castro)

March 31

- 10:30 am Rev. Castro travel day
Dharma Support Group (Joe Schwab)

THURSDAYS

March 4

- 1:30 pm Nikkei Manor Service (Rev. Castro)

March 18

- 1:30 pm Nikkei Manor Service (Rimban Matsubayashi)
- 5:00 pm Minister's Meeting (Rimban Matsubayashi & Rev. Castro)
- 7:30 pm Betsuin Cabinet Meeting (Rimban Matsubayashi & Rev. Castro)

March 25

- 7:30 pm Betsuin Board of Directors Meeting (Rimban Matsubayashi & Rev. Castro)

FRIDAYS

March 5

- 12:00 pm Gojikai Service and Meeting (Rimban Matsubayashi)

SATURDAYS

March 6

- Rev. Castro (Day off)

March 13

- Rev. Castro (Vacation)

April 2010: Major Events of Interest

April 10 (Saturday)

- English Seminar with Dr. Richard Payne

April 11 (Sunday) Hanamatsuri Service – Guest

- Speaker Dr. Richard Payne; Hanamatsuri Luncheon hosted by Dharma School

April 24 (Sunday) Dharma School Gym Day



Wheel of the Sangha

Volume 29 Issue 3 SEATTLE BETSUIN NEWSLETTER MARCH 2010

An Introduction to Jodo Shinshu Buddhism – (2) Rimban Hoshu Y. Matsubayashi, Ed.D

Seven Pure Land Masters

From India, China, and Japan, Shinran selected seven Pure Land masters and their commentaries on Amida Buddha and his Pure Land. With their instruction and guidance, he formulated the doctrine and established Jodo Shinshu Buddhism. Shinran presented their teachings very briefly in his **Shoshin-ge** and praised their teachings in **The Hymns on the Pure Land Masters** as follows.

India:

Nagarjuna (Ryuju, c. 150 - 250)

**Boundless is the painful ocean of birth-and-death (Samsara),
Wherein have we been long sunk;
Only the boat of Amida Buddha's Primal Vow
Carries us unfailingly across the ocean (to the world of Nirvana).**

Vasubandhu (Tenjin or Seshin, c. 320 - 400)

**Those realizing the power of the Primal Vow
Not one passes by in vain;
They are filled with the treasure ocean of virtues;
The defiled waters of their blind passions are not separated from it.**

China:

T'an-luan (Donran, 476 - 542)

**Amida Buddha has fulfilled the directing of virtue,
Which has two aspects: for our going forth and for our return.
Through these aspects of the Buddha's directing of virtue,
We are brought to realize both mind and practice.**

Tao-ch'o (Doshaku, 562 – 645)

**Our teacher, Master Tao-ch'o,
Abandoning the Holy Path of many practices,
Teaches that only through the Pure Land Gate
Is there a path we can follow.**

Shan-tao (Zendo, 613 – 681)

**Shakyamuni and Amida Buddhas are compassionate parents;
Using all means they skillfully lead us
And in us the supreme entrusting heart
Do they awaken.**

Japan:

Genshin (942 - 1017)

Although my eyes, blinded by passions,

**Do not see the Shining Light (of Amida Buddha) which embraces me,
The Great Compassion never tires,
Always casting light upon me.**

Honen (1133 – 1212)

**Our teacher Genku (Honen) appeared
Through the power of the Light of Wisdom,
And revealing the true Pure Land way (Jodo Shinshu Buddhism),
He taught the selected Primal Vow.**

Based on the teachings of Shakyamuni Buddha, Shinran established his teachings of Jodo Shinshu Buddhism with the guidance of seven Pure Land masters in India, China, and Japan.

Shinran's Writings

The following are the important writings of Shinran that are available in English translation. The writings are listed chronologically and Shinran's age at the time of writing is given in parentheses.

1224 (54) **Ken jodo shinjitsu kyo gyo sho monrui** (A Collection of Passages Revealing the True Teaching, Practice and Realization of the Pure Land Way) This is commonly called **Kyo Gyo Shin Sho**.

1248 (76) **Jodo Wasan** (Hymns on the Pure Land)
Koso Wasan (Hymns on the Pure Land Masters)

1251 (79) **Mattosho** (Lamp for the Latter Age: Letters of Shinran)

1255 (83) **Jodo monrui jusho** (Passages on the Pure Land Way)
Songo shinzo meimon (Notes on the Inscriptions on Sacred Scrolls)

1257 (85) **Ichinen tanen mon-i** (Notes on Once-calling and Many-calling)
Yuishinsho mon-i (Notes on 'The Essentials of Faith Alone')

1258 (86) **Shozomatsu wasan** (Hymns on the Right, Semblance and Last Dharma-Ages)
Writings of the Third Monshu Kakunyo (1270 -1351), the Eighth Monshu Rennyō

(1415 – 1499), Zenkaku (1290 – 1373), the **Tannisho** (Notes Lamenting Differences), and the **Anjin ketsujoshō** (Notes on the Confirmation of Peaceful Mind) are also important Jodo Shinshu scriptures. *(To be continued)*

Dharma School March

Submitted by Joyce Tsuji

We hope everyone enjoyed the Nirvana Day vegetarian potluck, bake sale, and pet memorial service. Big thanks to all who helped with these events, contributed baked goods, yummy dishes and to those who supported the Dharma school by buying goodies.

Classroom Reports

Pre K/K class The Pre-K/Kindergarten class continued to learn about Shinran Shonin in conjunction with the Betsuin's commemoration of the 750th Memorial of our founder. Students made a mobile of Shinran after discussing the important events in his life. They reviewed the story of his life and created a book to take home illustrated by a picture of Shinran made from paper circles. After discussing the significance of the lotus, the class made Valentines for their parents using pictures of a lotus.

3rd/4th/5th grade What a wonderful group of kids we have in the 3rd, 4th and 5th grades! Lots of energy while very respectful of others. We were really busy preparing for the temple New Year party and Ho-onko. Since 2010 is the Year of the Tiger, we made friendly tiger centerpieces filled with candy for all Shinnenkai attendees. We had a few students and one teacher who were born in the year of the tiger, so we talked about their similarities and their differences.

The 750th Memorial of Shinran Shonin offers us the opportunity to study Shinran's life. It amazes us that he left his home for Mt. Hiei at the same age as our 3rd graders. We have started many of our classes with practice of the 750th Memorial Shoshinge and Wasans. We also made 2010 calendars adorned with Shinran.

As an ongoing project for the year, the kids will be creating trading cards to help remind them of Buddhist teachings and holidays. Since they're with us for 3 years, they should have a large collection when they move on to middle school!

**Jodo Shinshu Meditation Service at
Buddhist Education Center House:
1441 S Main St
Sundays 8:45 - 9:30 AM**

On behalf of the SBC

Membership Committee...

We would like to "**thank**" the following **regular members**, for contributing at least the minimum annual Ijikai dues (the basic dues toward the Temple maintenance/operations). This is a list of those paid members that have posted dues for the new fiscal year of 2010:

*Aramaki, Hanako; Chadwick, Tsuyako;
Doi, Alice; Fujita, Lutes; Imori, Laverne;
Kakiuchi, George & Kayoko; Mano,
Mariko; Miyata, Tom & Pauline;
Nakabayashi, Kemi; Okada, Emiko;
Shahbaghlian, Patricia Oye - ; Shimizu,
Haruko; Tahara, Masaru & Anna;
Takashima, Kiyoko; Tanaka, Rikuko;
Taniguchi, Fumiye; Taniguchi, Martha;
Warrick, James & Rona; Yamashita,
Dennis; Yutani, Nobuo*

We'd like to 'welcome' Rona Warrick as a new member to our Sangha.

***AS A REMINDER:** The basic dues towards the Church maintenance/operations, is **\$250 for those over 70 years of age and \$300 for those under 70 years old. Payments are due by September 30, 2010.** If you have any questions about your membership status, please contact Howard Luke or Steph Ojima by way of the Betsuin office: 206-329-0800 or office@seattlebetsuin.com

Junior YBA News

Our JR YBA was represented by four members to the NW District Convention held in Ontario: Russell, Alissa, Connor, and Evan. Team Seattle - Russell, Connor, Evan, along with Josh, Kenzo (Tacoma), David (Tacoma) won the Jr Division of the dodgeball tournament which was held on Friday night. On Saturday night, Russell and Connor took first place in bowling.

Mie was elected as President of the NW District YBL, and Kiana was elected as the Secretary for the NW District YBL. We're confident that they will do a good job in their elected positions besides serving their terms for our own JR YBA. CONGRATULATIONS!

Submitted by Steph Ojima

Comparative Religion 101

By Reverend Don Castro

"All religions are essentially the same, aren't they?" How often I've been asked this question, even by my fellow Buddhists. My answer is, even within a single religion, the variety is so great that I don't see how two radically different denominations can really be categorized as the same religion. But, what is in a label, after all?

As for the relationship between Buddhism and the Judeo Christian religions, they are based on entirely different models; Buddhism being based on a medical model and most of the Judeo Christian tradition based on a legalistic model (This is not to say that there are other models such as "The Good Shepard" in Christianity and Amida Buddha as loving parent in Buddhism). In the legalistic model, there is a covenant or contract between God and man. The covenant takes the form of commandments which must be followed. Violation of the commandments results in "just punishment" by God (the judge) unless we are forgiven.

The Buddhist medical model is expressed in the Four Noble Truths with the Buddha regularly referred to as "The Great Physician." Whereas the Judeo Christian religions begin with belief (the Apostles Creed, for instance), Buddhism begins with

experience, the experience of pain-and-suffering; the broad Sanskrit term "dukkha." In the medical model, dukkha is the symptom(s), the life problems that stop us in our tracks and turn us in the direction of the Great Physician. The Great Physician diagnoses our problem (Second Noble Truth), gives us a prognosis (Third Noble Truth) and dispenses medicine for a cure (Fourth Noble Truth).

Non-Buddhists often cannot understand what motivates Buddhists to act in a positive, friendly, responsible, compassionate way. "If you don't have commandments to abide by and the threat of punishment, can you do anything you want?" The Buddhist answer is most definitely, "Yes." But, compassion and wisdom go together. With wisdom, we comprehend the nature of pain, the cause of pain and the way to eliminate pain. With wisdom, we also comprehend the mutual identity of all life. We are enabled to appreciate the mutual identity of self and other; the pain of other is the pain of self. Since the elimination of pain (dukkha) is the motivating force in Buddhism, we don't need commandments to govern us. The pain of others calls out to us as our own pain.

It's alive, It's alive by President Paul Mori

It's alive, It's alive... yes Jodo Shinshu in the Northwest has a heartbeat, a good one at that. Those of you who attended the 63rd Annual Convention can attest to this fact, right? With fellow Sangha members, three (3) ministers, Dharma schoolers and even the Senior YBA students, we were treated to Socho Ogui, Dr Nobuo Haneda, the NW ministers, and the hospitality of the Idaho-Oregon temple members in special sessions and keynote talks. Whether we were with old friends, relatives, new acquaintances, the Dharma was truly in action with a continuous "buzz" the whole weekend. Our own

Rimban Matsubayashi was recognized by the Northwest District for his current and past service to the Sanghas due to his pending retirement. This event is one which we all should involve ourselves in as it provides the fact that we are not alone as a Jodo Shinshu temple. Next year the 64th Convention will be hosted by the Tacoma Chapter in 2011, February 11-13 at the Doubletree Guest Suites in Tukwila. Engage yourself and begin your history in attending the Northwest District Convention.

gassho, paul mori

Rimban Matsubayashi's Retirement Luncheon is May 29, 2010

The Seattle Betsuin will host a luncheon on Saturday, May 29, 2010, at the Maplewood Greens in Renton to honor Rimban Hoshu Matsubayashi who will retire [from the BCA] at the end of July, 2010. Rimban has served 50 years as the minister for the Jodo Shinshu Hongwanji-ha in Hawaii, Buddhist Churches of Canada and the Buddhist Churches of America. Details of the event will be announced soon. During the Northwest Buddhist Convention in Ontario, Paul Mori invited the Northwest Chapters to "save the date" for this event. The committee is also planning another event on Sunday, June 13, 2010, at the Seattle Betsuin, with all the affiliated organizations in honoring and giving appreciation to Rimban Matsubayashi.

- From **the Report to the Seattle Betsuin Board of Directors** February 14, 2010, by the Rimban Matsubayashi's Retirement Planning Committee, Reported by Mas Tahara and Kiyo Takashima

Camp Fire 100th Birthday Celebration:
Sunday March 28, 2010 11:30-1:30

Submitted by Elaine Nakamura. This year Camp Fire celebrates its 100th Birthday and we will be celebrating it here at church on Sunday, March 28th. We invite all former and present Camp Fire leaders and members to help us celebrate this 100th Birthday. We have posted a sign up sheet on the bulletin board outside the church office. We need to know how many people will be attending. If you know of other former/present leaders or members, please pass along this invitation and have them sign up or email us at cf100birthday@gmail.com.

Starflight 1 & 2 Submitted by D. Shibata. The girls continue to enjoy a variety of activities.

They finished up their candy sales with a series of site sales under the coordination of the Teramoto's. Collectively, the group sold 1110 units and qualified for the CF sponsored super sell-a-thon drawing during the first weekend of the candy sale.

The group reviewed healthy eating and nutrition with a meeting led by the Lauren's parents. After playing a game the girls prepared three different healthy snacks that were promptly munched on.

The girl also made beautiful tin-art styled picture frames as Valentine's Day gifts after instruction by Emily S.'s mom on texture and working with ink.

At the most recent meeting led by Stella's mom, the girls studied various bulbs and corms and proceeded to prepare their own bulbs to take home and observe.

Adventure 4 & 5 Submitted by Dana Nakashima. The girls are working hard selling Camp Fire candy. This year, most of the girls are participating in at least one site sale. They're finding it is much more fun selling with a group or partner!

On February 15th, we're planning a group snowshoe outing to Gold Creek. For many, this will be their first time using snowshoes. We're hoping for nice weather and a lot of snow.

Our group's also planning a Girl's Day Party for February 21st. The girls have planned several activities, including obi tying, a Girl's Day craft, musical entertainment, plus tasty goodies. It will be a busy, fun-filled event.

Hummingbirds Submitted by L. Carpenter. We'd like to recognize Kayla and Shawn for participating in the annual Camp Fire candy sale. Great work! Several Hummingbird families helped make and serve dinner at the Orion Center (a day shelter for teens) on 2/19. Thank you to the Owens, Carpenters, Lams, and



Yamashita's for the yummy burrito bar and taquito menu. Also thank you to the Honmyos, Butlers and Atchesons for making zucchini bread that was served to the Orion Center in January. The zucchini was grown in a p-patch that the Butlers and Atchesons managed over the summer.

Discovery/Horizon Submitted by Krista N. On January 3rd, the Discovery/Horizon Camp Fire group met to make centerpieces for the Wisteria View Manor New Year's party. We made tea light candle holders decorated with seasonal stickers. Thank you to all of the girls who helped make the centerpieces.

You're Invited to ABA's
Dinner and Casino Night
at Muckleshoot Casino

Saturday, April 3, 2010

5:00 pm - 11:00 pm

no host bar

door prizes and raffle prizes

\$10 membership (optional)

cost \$40 - look for tickets to go on sale soon!

Reverend Koyo Kubose is on YouTube

View two 10-minute video Dharma Talks entitled, "Buddhist Hell" and "OK-ness". Additional videos are being planned.

Submitted by Karry Sakamoto

On behalf of the New Year's Party Committee...

We would like to gratefully acknowledge the following for their generous donations:

Fumie & Sam Taniguchi

Mary Furuta

Pauline Sakuma

Marianne Osaki

Jean & George Taketa

Mrs. & Mrs. Takeo Katayama

The Japanese Community Service of Seattle

Submitted by Lori Chisholm

**GO PAPERLESS! THIS
NEWSLETTER IS NOW ONLINE**

WWW.SEATTLEBETSUIN.COM

Contact the temple office at 206-329-0800 or email Newsletter@SeattleBetsuin.com to have your name removed from the mailing list and jump online!

Thank you!

The Seattle Betsuin Gratefully Acknowledges the Following Donations Jan. – Feb. 2010

<u>Funeral / Memorial / Nokotsudo:</u>	<u>For:</u>		<u>Given by:</u>
Etsuko Lilly Tanino – Funeral Service		\$ 800	Ken, Ron & Jodie Tanino
Aimee Komoto - 49 th Day Memorial Service		\$ 600	Bill Komoto
Toshiko Abe – Funeral Service		\$ 500	Tony Abe
Lillian Toyoko Uyeno – Funeral Service		\$ 500	Estate of Lillian Uyeno
Tad Tadashi Fujita - 1 st Year Memorial Service		\$ 300	Florence Fujita
Kazuye Piencykoski – 1 st Year Memorial Service		\$ 300	Yukie Higashi
Miyoko Jessie Kondo – 35 th Day Memorial Service		\$ 200	Stan Kondo
Nokotsudo		\$ 200	Evangeline Nakano
Nokotsudo		\$ 50	Anonymous

<u>Remembrances for:</u>	<u>Given by:</u>
Tadashi Fujita	George Kodama; Tom Kodama; Haruko Kobuki; Tom & Janet Kometani; Ruby Nakamura; Akio & Mabel Nishizaki; Allan & Kayako Terada; Alvin & Mitsuko Terada; Ronald & Suzuko Terada
Noboru Isomura	Toshiko Isomura; Yoko Isomura
Hideo Kaneko	Kemi Nakabayashi
Harry S. Kawahara	Pauline Sakuma; Al & Fran Shintaku; Kuniko Takamura
Harry S. Koba	Steph and Fred Ojima
Aimee Komoto	Jene Deguchi; Mae Deguchi; Mack & Setsuko Harada; Mickey & Yoshie Hiroo; Takeo & Mary Katayama; Akio & Mabel Nishizaki; Nobuo Yutani
Miyoko Koyama	Tina Koyama
Miyoko Jessie Kondo	George & Lily Komoto; Daisy Kuramoto
Kazuye Piencykoski	Janet Baba; Fusako Hirano; Takashi & Lilly Hori; Ritsuko Kawahara; Shizue Kikuchi; Akiko Narusawa; Mineko Sakamoto; Haruko Takei
Fumi Tanabe	Dean Hata Family; Crystal & John Inge; Rick & Jill Tanabe
Etsuko Lilly Tanino	Sue Fujino; Akio & Mabel Nishizaki
Ryoto Yabuki	Keiko & Hidemi Tsuboi
Tom Yukawa	Jene Deguchi

Onenju Sales: Alecia Bettis;

Onenju Repair Donations: Nokotsudo

New Year's Eve Service: Paul & Teresa Mori; Pauline Sakuma

New Year's Day Service: Paul & Teresa Mori; Pauline Sakuma

Supervisory:
 Yakima Buddhist Church \$ 100
 Spokane Buddhist Church \$ 100

Continued on page 8 -

- continued from page 7

Other Gifts:

Donor:

Amy Hirasawa	\$ 2,000
Jeff Ibuko	\$ 900
Sacramento Betsuin	\$ 500
Kawabe Memorial Fund	\$ 500
Nisei Veterans Committee	\$ 400
Kinue Kuwahara	\$ 301
Mongolian Community Donations	\$ 200
Steven Hayashi & Carolyn Holeski	\$ 100
Bill Vogeley	\$ 100
Fumi Yamaguchi	\$ 100
Kathy Hasegawa	\$ 50
Emiko Okada	\$ 50
Seattle Hiroshima Club	\$ 50
Noi Butler	\$ 49
Jim & Tomi Zumoto	\$ 25
James & Hiroko Hasegawa	\$ 25
Charlene & Lorin Grinolds	\$ 25
Susan Nagata Bottari	\$ 25
Marilyn Shimabukuro & Gilbert Leong	\$ 25
Tamio & Takako Uchida	\$ 25
Miyoko Kondo	\$ 20
Lily & Tadashi Kato	\$ 10
Anonymous	\$ 10

For:

General Donation
General Donation
Appreciation for Youth Ministers Retreat
General Donation
Facilities Use
6 Folding Tables Donated
General Donation
General Donation
General Donation
General Donation
General Donation
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Appreciation for Newsletter
General Donation
General Donation
General Donation

PLEASE READ: CHANGE IN NOTIFICATION OF DONATIONS

As all have experienced the rising costs in today's world, the same can be said for the Temple as many of the similar expenses have risen as well. As with the households of the Sangha members, the Temple has looked at its own operations in ways to eliminate waste and minimize costs. This is an ever evolving process that does not end. As you have noticed, postage rates have increased the past few years and the Temple incurs a significant expense in sending receipts for donations that have been received. To help reduce the cost of postage, the Temple changed its process of sending a receipt for every donation to sending a summarized listing quarterly. The mailing will be made at the end of each calendar quarter for January through December. We will not be using the Temple's fiscal year quarter. This change will be effective as of January 2010.

As in past years, your canceled check can also be used for purposes of proof of donation. This is a change from how things have been done in the past but the Temple must adapt to new challenges. If you have any questions or concerns regarding the change, please feel free to contact the Temple either via e-mail to the Temple office, mailing in of your comments/questions or dropping it off at the Temple office. Please note, the Temple office staff is not responsible for the change in policy and is only collecting any comments/questions that may be received. The Temple hopes that you understand the need the change.

In Gassho, Seattle Betsuin Buddhist Church Treasurer

SPRING BAZAAR The Seattle Buddhist Church's Spring Bazaar is coming up in March. Please see the ad in this newsletter. Bazaar ticket script money will be mailed out in February so please look for it in your mail. If desired, you may also purchase tickets at the Temple office during normal business hours. You may submit your payment for the mailed tickets by mail in the enclosed return envelope or drop it into the box (in the wall) by the office. Payment will also be taken at the cashier table on the day of the event. You may return unneeded tickets to the Temple office. All net proceeds will go toward the Temple's maintenance and operations. Submitted by Howard Luke

Wednesday Dharma Support Group & Jodo Shinshu Meditation Service
with Rev Castro from 10:30 to Noon
at 1441 S Main St Wednesdays

SPRING BAZAAR MARCH 21, 2010

Featuring:

SUSHI, CURRY,
TERIYAKI CHICKEN BENTO,
CHOW MEIN, UDON,
BAKED GOODS AND MORE.
DINE IN OR TAKE OUT.

ACTIVITIES FOR KIDS ALSO

Purchase Raffle Tickets for two drawings: Large Screen TV, Netbook Computer

SEATTLE BUDDHIST CHURCH
1427 S. MAIN STREET, SEATTLE
(206) 329-0800

11:00 A.M. - 3:00 P.M.

PLEASE CONTACT THE TEMPLE OFFICE IF YOU WOULD LIKE TO PURCHASE ANY BAZAAR TICKETS IN ADVANCE. NET PROCEEDS BENEFIT THE SEATTLE BETSUIN.

News from Northwest Dharma Association Seattle Betsuin was represented at The Family Dharma Conference, co-sponsored by Northwest Dharma Association and Nalanda West Saturday, January 22, 2010 at Nalanda West in Seattle. The theme of the conference was **Family Friendly Sanghas**: Incorporating children and parents in sangha activities, including Dharma school classes and curriculum, retreats, summer camps, and regular practice. Thank you, to Seattle Betsuin's Dharma School co-superintendent and classroom teacher Joyce Tsuji, parent Elliott Zimmerman, and student Azaad for sharing their Seattle Betsuin experiences on a Q & A panel on behalf of our family programs. - Submitted by Irene Goto

Large and Small Things to Save Our Planet by Gail Kaminishi
The next time you stay in a hotel, take your own shower gel/soap to avoid using the mini soaps. Also, at checkout, write in the comments page suggesting that they install sports club shampoo, soaps, lotions on the wall (refillable.) [Those little plastic bottles add up to increase landfill and use energy to produce. Remember to "reduce, reuse and recycle".]



Calling all artists and creative types!

The 2010 Bon Odori Committee is currently accepting design submissions for the logo which will be used for posters, t-shirts & merchandise.

The winning entry will qualify for a \$100 cash prize.

Contest rules:

- 1) All entries become the property of the Seattle Buddhist Temple for use by the Bon Odori Committee for advertising and communication media. Posters, event T-shirts & merchandise will be sold to the public as a part of the fund raising efforts. The submitter will not retain any rights regarding the profits that may be made from the sale of any event products bearing the winning design.
- 2) Entries must be received by the Temple office no later than close of business, **Saturday, March 21, 2010**.
- 3) The following are the recommended graphic fundamentals:
 - a) incorporation of Seattle, Japanese and/or Buddhist motifs;
 - b) design should be a maximum of three colors as means to control cost;
 - c) simplicity of graphics aids in the reproduction and printing
 - d) design must appeal to both males and females audience;
- 4) Submission of design must be in digital format. PDF or .tif format preferred.

Submitted by Ron Hamakawa

Hidden Treasures Garage Sale April 17-18, 2010

Donations of Household Items to Be Accepted

- David Atcheson and Cyrus Honmyo, event co-chairs

The Dharma School group going to Japan this summer will hold a "Hidden Treasures" Garage Sale the weekend of April 17 & 18 in the gym. Funds raised will help reduce trip costs for the students.

Event organizers will be accepting donations of toys, clothes, tools, bikes, and other household goods on the three Sundays leading up to the sale (3/28, 4/4, and 4/11) as well as on Friday, April 16 and by special arrangement.

Sangha members are invited to consider what items you may wish to donate and set them aside for the sale. We also anticipate selling selected items on Craigslist leading up to the sale in the gym. For more information or to make special arrangements, contact David Atcheson via the Betsuin office at 206.329.0800. For guidelines on appropriate donation items, please refer to this listing adapted from the Northwest Center

(<http://www.nwcenter.org/How-DoDont.asp>):

Acceptable Donations

- Clothing, shoes, and accessories
- Backpacks, tents, camping gear
- Fabric and craft supplies
- Small appliances
- Dishes and glassware
- Books, DVDs, records, tapes, CDs
- Cameras, projectors
- Working CD players, DVD players, radios, VCRs
- Jewelry and eyeglasses
- Paintings and wall hangings
- Toys, skates, games, bikes, trikes
- School supplies, stationery, photo albums
- Small furniture in good condition

Unacceptable Donations

- Auto parts and tires
- Baby equipment/furniture
- Building supplies
- Broken, stained, non-working items
- Older computer equipment
- Exercise equipment
- Large furniture
- Large appliances (washers, refrigerators)
- Mattresses or box springs
- Food items
- Used pet related items—dog houses
- Magazines, newspapers, textbooks
- Non-digital TVs

Seattle Betsuin Buddhist Women's Association

President's Message Submitted by Shizue Yahata

- Congratulations to Kinue Kuwahara who after serving 25 years on the Betsuin Board of Directors was made an Honorary Director.
- 20 SBBWA members attended the NW District Convention in Ontario, OR. Thank you to Kiyoko Takashima for organizing a fun activity on the bus ride to the convention.
- Every first and third Thursday of the month at 1:30 PM there is service held for the residents of Nikkei Manor. Assisting the ministers are Kinue Kuwahara and Martha Taniguchi.
- On the fourth Tuesday of the month at 10:00 AM Rimban Matsubayashi/Rev. Castro



conduct a service for the residents of Keiro. They are assisted by ladies of the SBBWA.

Donations
Submitted by Treasurer Shizue Kaku
Pauline Sakuma – in appreciation

Calendar

Sunday, March 7th SBBWA Board Meeting
Sunday, March 28th SBBWA Cabinet Meeting

Submitted by Joan Nakano

INVITATION TO JOIN SEATTLE BETSUIN BUDDHIST WOMEN'S ORGANIZATION (SBBWA)

An open invitation is extended to any woman that is a **regular temple member** contributing at least the minimum annual Ijikai dues (the basic dues toward the Seattle Betsuin Church maintenance/operations). Interested temple members may contact Kiyoko Takashima, Terrie Tanino or SBBWA President, Shizue Yahata via the Betsuin office @ 206.329.0800. The New Membership Installation Service/Luncheon is scheduled for Sunday May 2, 2010.
Submitted by Terrie Tanino and Kiyoko Takashima.

Look Who's Blogging! Rimban Matsubayashi and Reverend Castro, Reverend Jim Warrick, and EcoSangha! Join in, and post your comments. Rimban is blogging in English and Japanese.
<http://revmatsubayashi.blogspot.com/>
<http://revcastro.blogspot.com/> <http://revwarrick.blogspot.com/>
<http://ecosangha-seattle.blogspot.com/>

submitted by Alan Hoshino

SCOUT NEWS

Submitted by Andrea Mano

Twelve boys received their Metta Religious Award at the Scout Sunday service on February 7, 2010. After meeting with Castro Sensei for four months, learning about Jodo Shinshu Buddhism, practicing chanting and memorizing parts of the Juseige, and passing a written exam, the following boys received their Metta medals and certificates: Henry B., Phillip B., Chase H.-C., Matthew K., Jacob L, Joshua M., Aaron R., Alex S., Nathan S., Jordan S., Kobe T. and Bailey T. - Susie Taketa

The Cub Scouts held their biannual Rain Gutter Regatta on Superbowl Sunday. There were 21 Cubs that prepared for head to head competition racing their sail boat down a 12 ft rain gutter. Tiger Cub Tai N. placed first followed by Bryan Y. and Kobe T. The Cub Scouts would like to thank the Boy Scouts that helped with the race and the many parent volunteers! Alexander T. (Tiger Cub) said, "I can't wait until next year when we race the pinewood derby cars!" – Tom Sakamoto

On weekend of January 30th & 31st the Webelo II den consisting of Aaron R., Alex S., Bailey T., Nathan S. and Matthew K. crossed over to Boy Scout Troop 252. A big "Thank You" to Scoutmaster Mark Yuasa, Scout parents and Scouts for hosting us at the North Bend facility with a delicious spaghetti dinner and a memorable crossover ceremony, including crossing the "Monkey Bridge" and building campfires. The Webelo II den would also like to thank Cubmaster Tom Sakamoto and Cub parents for all the support they have given them over the years. Congratulation Webelo II's!!!! - Kris Kosugi

ONENJU AVAILABLE FOR PURCHASE

Onenju for children, women, and men are now available for purchase in the temple office. Heirloom and modern beads have been restrung by Pauline Sakuma into beautiful new onenju. Please visit the office to see the variety of styles available. Proceeds go to Seattle Betsuin. - jn



HIGH SCHOOL / COLLEGE SCHOLARSHIPS If you are a high school senior graduating in the class of 2010 or a college student currently attending a four year college, the following scholarships are available
HIGH SCHOOL: The Seattle Betsuin Tsujihara Family Memorial Scholarship Grant will offer up to four scholarships of \$2,000 each. **COLLEGE:** The Masaru and Mitsuma Shimokon Scholarship Grant has up to three scholarships: 1 - 5,000 college student who will graduate as a Nurse Practitioner, 1 - \$5,000 college student graduating as a Medical Doctor, 1 - \$3,000 college student degree BS as a Registered Nurse. The deadline to submit applications is Monday, April 5, 2010 by 2:30pm to the temple office. For applications or questions please contact Shizue Kaku via the Betsuin office @ 206.329.0800.

Thanks for Sharing Your 63rd NW Convention Photos, Susie and Dale!



"Here are a few pics that we took from the convention. One is the Onajin from the opening service - very simple, but beautiful. The Bodhi Tree project was ongoing throughout the weekend [imbedded on page 5] giving every attendee a chance to draw, write or add in any way what they wanted to the Bodhi Tree. The other one is Rimban Matsubayashi during his session on Myokonin." - Susie Taketa



"...photos of our trip to the NW Convention in Ontario... senior YBA entertaining the convention... Rimban and Mrs. Matsubayashi receiving retirement acknowledgement from the NW district... Rimban addressing the convention... Rimban, Etsu Shimbo, and Junko Nakano leading our singing on the bus to Ontario..." - Dale Kaku



NOTES ON DHARMA EXCHANGE

Feb. 7, 2010 - Rev Castro explained that the YAC group was in charge of retreats, and the YBA was more a social program for temple youths. Reunions offer more training. He talked about how to keep young people interested in temple affairs, and coming back to the temple after age 22. Rev. Julie Hanada commented that the world is changing for young adults, and it would be great to have them return and bring new ideas to the temple. Further, she suggested looking at Japanese American and American history together to learn ways to interest young people in staying.

Joe Schwab, M.A. recalled a pillow service he performed for a Vietnamese person. To keep things simple, the family preferred a Jodo Shinshu rather than a Vietnamese service.

Castro sensei suggested that if WWII and the incarceration of Japanese Americans had not happened our organization would be quite different.

* * *

Feb 14, 2010 - A participant advised everyone to quit smoking. Also, Nicorette gum can be addictive, and patches cause vivid dreams according to Joe Schwab, M.A.

A book about letters from the 442nd has not been claimed, and the owner can find it in the temple office.

Joe asked for suggestions on how to improve Dharma Exchange. One participant recommended it be kept informal -- as it is now. Another suggested having a friend who is a lawyer speak about asset protection. The Religious Dept. is investigating other events going on during Dharma Exchange; i.e., book club, classes on various subjects, meditation, pick up lunch and join the group in the dining room.

In gassho,
Pat Bobrow

1/31/10

G: Perception is everything – woman with a port wine stain was at first scary. But after she talked with her she found her beautiful.

Rev. Castro: We are the ones who bring prejudice.

D: Some find worm bins attractive; others find them repulsive

Rev. Castro: Saying “Namo Amida Butsu” is enough. Are we doing something for Mom? Our response is in wanting to do something. Jodo Shinshu focuses on gratitude on what we have received (even the negative). To encounter people with [certain] traits is the working of Amida Buddha.

Rev Julie: She is trying to live Jodo Shinshu more actively. She has participated in Dharma School, IBS, BCA. She is trying to find “how to completely open up my heart.” She works at Harborview and University Hospitals and tries to help patients to allow them to be their best selves – develop their Buddha Nature. Meeting people transforms her. “Look at your hobbies from a Buddhist perspective. Green Gulch Farm Zen Monastery – they take mindfulness breaks – to rest and ground themselves. Make our own experiences dynamic”

R: “Without *practice* it is hard to *become*.”

Rev. Julie: Make a shift. How do I experience, live it? Allow infinite compassion and wisdom to come in to us. How do I open up to see what Amida Buddha has done?

Gassho. Irene G